PRÉPA Clés | Région BRETAGNE

NOUVEAU MARCHÉ 2025-2029

**Acquire the key skills essential for the professional world
Prepare for employment and entry into training**

**For job seekers,
employees in precarious employment,
those with basic skills or who do not speak French fluently**

**Training courses available year-round
Personalized schedule, part-time training
A weekly workshop schedule is offered at each training location**

**Personalized educational support
Ongoing links with the professional project**

Your contacts in the Central Brittany region

- **PLOERMEL - AMISEP** : 07 86 20 23 05 - ccles.ploermel@amisep.fr
- **LOUDEAC - ADALEA** - 02 96 28 04 35 - prepa.cles@adalea.fr
- **PONTIVY - ADALEA** - 02 97 39 67 74 - prepa.cles@adalea.fr
- **CARHAIX - DON BOSCO** - 06 31 66 64 60 - prepacles@donbosco.asso.fr

Adalea
LA SOLIDARITÉ EN ACTIONS

AMISEP formation

DON BOSCO ASSOCIATION

RÉFÉRENT HANDICAP

02.96.78.66.72

Crée le 16.09.2025

" I'm making progress in French. "

A journey to improve
communication in French, which
is not my native language

Target audience:
People who do not speak French fluently
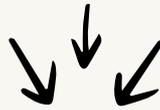
Thematic workshops:
- I'm researching jobs and training opportunities in France.
- I'm preparing for my job search.
- I'm independent in my travels.
- I'm preparing for my new job and my training program.
- I communicate in French.

Duration
- Maximum 200 hours of training

learning objectives:
- Identify and showcase your skills
- Develop your digital skills
- Discover and utilize local resources
- Regain self-confidence
- Develop transferable and soft skills

Teaching methods:
- Group workshops at the training center
- Off-site workshops: Visits, presentations
- Implementation of group projects
- Individual support
- Possible company internships (70 hours max)

- The individual's career goals are central to their PREPA Clés training program.
- Learning situations are based on real-life and professional scenarios.
- Certifications and digital badges are available.

Entry into the training program
- Entry possible at any time of year
- After an individual recruitment interview
- After verification of your eligibility

Contact us!